

2017

Birmingham Country Club

Swim Team Handbook



BCC

Barracudas

Facebook: BCC Barracudas Swim Team

Twitter: @bccswim2016

The BCC Pool:

The BCC swim program is designed to accommodate all members. The Pool season runs from Memorial Day to Labor Day with the pool opened Monday through Sunday. With a variety of games and activities there is always something to keep the kids busy. For fitness minded adults, a couple of lanes are available for lap swimming.

The Swim Staff offers private and semi-private Swim lessons for those who want to improve or develop their aquatic skills. All private lessons are scheduled with specific staff members.

Birmingham Country Club also offers a competitive swim program and we encourage everyone to get involved. The team is composed of girls and boys from 5 years of age up to 18 years old. Everyone is welcome to join. The season runs from May through the end of July and culminates with two Championship meets.

BCC Swim Team Philosophy

We would like to provide a rewarding and enjoyable experience in which our children have an opportunity for success, both individually and as a team. This includes older swimmers mentoring new swimmers and parents who support and encourage the development and triumphs of each swimmer. Our goal is for every child to be successful while having fun and making friendships.

Barracudas

The Birmingham Country Club swim team is an age group swim team that is a member of the Suburban Inter-Club Swim Association (SICSA). The team consists of swimmers from ages 5-18 grouped as follows: 8 and under, 9-10, 11-12, 13-14, 15-17, 18 (relays only). Children swim the age they are on May 31. ***The requirements for joining the team are the ability to swim one length of freestyle and backstroke in less than 1 minute each.*** The goal is for all swimmers to learn all four strokes and compete in all the meets during the season.

Junior Barracudas

The Jr. Barracuda program is designed for our swimmers who are not quite ready for full practices and meets. The goal of the Junior program is to move up to the Barracuda program by the end of the season. The program is designed to focus mainly on development of good freestyle and backstroke technique. ***The requirements of the Jr. Barracuda program are for a swimmer to be able to swim one width of the pool without assistance.*** It is for the safety of the swimmers that a Jr. Barracuda is comfortable swimming a width in the deep end unassisted. The Junior Barracudas have small group sizes with coaches in the water for a real "hands on" approach, in order to teach the basics of competitive swimming. The Junior Barracuda swim season begins on June 19th. The Junior Barracuda season will end with a meet where the swimmers participate in both regulation and fun races.

Swim Lessons

The swimmers who cannot swim a width of the pool unassisted and need further help with confidence in the water can arrange swim lessons through the assistant coaches or the lifeguards.

The requirements for different levels of participation are for the safety of the kids and are based specifically on skill and not age.

Dual Meets

Every swimmer swims in every meet. In the dual meets, there are 50 individual events and 8 relay races. A swimmer may swim a maximum of 2 individual events and 1 relay event per meet or one individual event and 2 relays per meet. The coach will decide which event a swimmer will swim. ***You must notify Coach Danny if you are unable to attend a swim meet within 24 hours of the scheduled meet. Each meet will require a SIGN OUT, and unless Coach Danny hears otherwise, each swimmer will be entered in the line-up for the meet. Meet absences without prior notice will be dealt with on an individual basis.***

Parents of the host club are responsible for coordinating the meet, which includes timing, scoring, ribbons, marshaling, etc. Dual meet scoring is 5-3-2-1 for individual events and 8-4 for relays. Exhibition heats do not score, but times are official. ***All swimmers should wear their Team suits, Team T-shirts and Team swim caps for each meet.*** Team suits are ***not*** to be worn for practices.

Swimmers are to remain with the team from the start of the meet until the last event finishes at which time the coaches will hand out the tickets/wristbands for dinner and the swimmers can change out of their suits.

Following each swim meet, there is a dinner dance for all swimmers. There is no charge for swimmers. Non-swimming siblings can purchase the kid meal by signing a chit. Swimmers and siblings eat with the swim team. Each club provides a buffet dinner for the parents. Parents must make dinner reservations by contacting the front desk for home meets and by calling the host club for away meets. Parents will be billed for their meals by BCC or the host club.

There are three additional meets during the regular season: The OLCC Mini Meet (8 and under), the Firecracker Meet (11 & 12's) at PHCC, and the Pontchartrain Relay Meet (13 and up) at DGC. There will be separate signup sheets and an additional charge for these meets.

8 and under Mini Meet

Hosted by Orchard Lake Country Club. Approximately, twelve country clubs, from our league and others, are invited to this meet. It is an opportunity for swimmers 8 and under to participate in "swim their own age" events in a very positive initial experience. 2017 Date – ***Friday, July 14th***

SICSA League Championship - A Finals

This is a two-day meet that marks the end of the season. Each club may enter three swimmers in each event. Each swimmer is limited to 2 individual events and 1 relay or 1 individual event and 2 relays. The 2017 Championship meet will be hosted by Birmingham Country Club. Preliminary events will be held on **Friday, August 4th, 2017**. The swimmers who finish in the top twelve and our relays will swim on **Saturday, August 5th, 2017**. A dinner dance for the swimmers and families is held at the host club after championships. **The coach will determine which swimmers will swim at the SICSA League Championship Meet. Those not swimming in A Finals are invited to swim at the B Finals meet.**

B Finals

The B Finals Meet is an end of the season championship meet for swimmers who do not qualify for the A Finals Championship. **Forest Lake Country Club** will be hosting B Finals on **Sunday, July 30, 2017**.

Schedule Conflicts

The Swim Committee and coaches recognize that some swimmers may also be involved in activities where schedules may conflict with daily practices and semi-weekly swim meets. Coach Danny is more than happy to make accommodations for conflicts of this nature. Please plan to address any conflicts with Coach Danny as soon as they are known. ***The preference of Coach Danny and the Swim Committee is to set up a mutually agreeable schedule with the parents with conflicts as opposed to having these kids not participate at all.***

Volunteer Opportunities

We will require parent volunteers at **Time Trials, our home dual meets, and A Finals**. You will be able to sign up for volunteer positions at www.bccswim.com. We have found that volunteerism is most appropriately distributed when at least one parent in each swim family assists during the home meets. More assistance is absolutely appreciated and will allow a better distribution of the requirements to successfully host swim meets. ***Our swim team is dependent upon parent involvement.*** Parents of all swimmers are expected to help with the team events.

Team Apparel

Team suits and apparel is offered through the Varsity Shop. Families will have the option of ordering a variety of BCC Swim Team gear, however, **it is required that each swimmer purchase a Team suit, Team T-Shirt, and Team Swim cap** (if worn). The suits are the same as last year.

Apparel can be ordered on-line at the BCC Team Store. You can visit the Varsity Shop for samples and sizing. The Varsity Shop is located at 623 S. Adams Rd. Birmingham, MI 48009.
(248) 646-4466.

Coaches

Head Coach/BCC Pool Manager – Danny Torriglia

Danny Torriglia enters his second summer as Head Coach at BCC. He has been coaching swimming for 7 years at multiple levels, and began his coaching career at Oakland Hills Country Club in 2011 as an assistant. He was the Girls Varsity Assistant Coach at Notre Dame Preparatory Academy for two seasons. He is also currently the Head Coach of the Cranbrook Girls Middle School Swim Team and Assistant Coach for the Cranbrook Girls High School Swim Team.

Danny graduated from Brother Rice High School in 2010 where he played soccer year-round at Brother Rice and for Force Football Club. He was captain of the state championship team and holds a state record for most shutouts as goalie in a postseason. He was not able to swim at Brother Rice due to soccer; however, he began swimming at the age of 4 at Plum Hollow Country Club. He swam at Plum Hollow for 14 years, also swam at Berkshire Middle School, but had to give up his year-round swim career after his time at Berkshire.

He currently attends the University of Detroit Mercy where he will be graduating in 2017 with a degree in Secondary Education, focused on History and Political Science.

Assistant Coaches – Erin Judd, Meghan Judd, Drew Grady, will be returning for their second summer as BCC Assistant Coaches. **Evan Burke** joins the Staff for his first summer as Assistant Coach. Evan is a familiar face around BCC, having served as a Lifeguard and Assistant Pool Manager for the last few summers.

Practice Schedule

Please note that practice time is reserved for Coaches and Swimmers only. Please be respectful of the Coaches during the entire length of practice. The entire perimeter of the Pool (both sides and both ends of the Pool) is for Coaches and Swimmers only during Swim Practice. Parent spectators can view practice from the Learning Pool area, the Dive Bar area or the tables directly adjacent to the Dive Bar. If you need to speak with Coach Danny, please wait until all practices have concluded for that day, or you can contact him at bccswim1916@gmail.com.

2017 Birmingham Barracudas Afternoon Practice Schedule

Beginning the Saturday May 13th, 2017

<u>Day</u>	<u>12 and Up</u>	<u>11 and Under</u>	<u>JR Cudas**</u>
Monday	4p-5:30p	5:15p-6:30p	OFF
Tuesday	4p-5:30p	5:15p-6:30p	OFF
Wednesday	4p-5:30p	5:15p-6:30p	OFF
Thursday	4p-5:30p	5:15p-6:30p	OFF
Friday	4p-5:30p	5:15p-6:30p	OFF
Saturday	9a-10:30a	10:30a-11:45a	OFF
Sunday	OFF	OFF	OFF

Attend practice with your age group unless Coach Danny tells you otherwise.

Junior Barracudas will not start until morning practices begin.

2017 Birmingham Barracudas Morning Practice Schedule

Beginning the Week of June 19th, 2017

<u>Day</u>	<u>13 and Up</u>	<u>9 Through 12</u>	<u>8 and Under</u>	<u>JR Cudas</u>
Monday	8a-9:45a	9:45a-11a	11a-12p	OFF
Tuesday	8a-9:45a	9:45a-11a	11a-12p	12p-12:30p
<i>Tues JR Golf Makeup</i>	<i>1:30p-3p</i>	<i>3p-4p</i>	<i>3p-4p</i>	
Wednesday	8a-9:45a	9:45a-11a	11a-12p	12p-12:30p
Thursday	8a-9:45a	9:45a-11a	11a-12p	12p-12:30p
<i>Thur Required Double</i>	<i>8:30p-10p</i>			
Friday	8a-9:45a	9:45a-11a	11a-12p	OFF
Saturday	9a-10:30a	10:30a-11:30a	11:15a-12p	OFF
Sunday	OFF	OFF	OFF	OFF

2017 Meet & Event Schedule

June 21	Time Trials – Purple & White Meet	Wednesday	4:30 PM warm up 5:30 PM meet starts
June 23	Firecracker Meet (11 & 12's)	Friday AM	Plum Hollow
June 23	Pontchartrain Relays (13 & Up)	Friday PM	DGC
June 28	BCC v FLCC	Wednesday	BCC
July 2	BCC @ OLCC	Sunday	OLCC
July 9	BCC v PLCC	Sunday	*Team Picture Day* BCC
July 12	BCC @ BOH	Wednesday	BOH
July 14	8 & Under Mini-Meet	Friday AM	OLCC
July 19	BCC @ MCC	Wednesday	MCC
July 24	Jr. Barracuda Meet	Monday	BCC
July 26	Dual Meet Rain Date	Wednesday	TBD, if needed
July 27	Team Spirit Night	Thursday	BCC
July 30	B Finals	Sunday	FLCC (9am WU, 10am Meet)
Aug 2	A Finals Pasta Dinner	Wednesday	BCC
Aug 4-5	A Finals	Friday / Saturday	BCC

Code of Conduct

As a member of the Barracuda team at Birmingham Country Club, I agree to the following:

- 1) We are part of a team and organization that believes teamwork, integrity, respect, organizational volunteerism, and good sportsmanship are more important than winning. We agree to conduct our behavior, teamwork, and sportsmanship in a manner that is consistent with BCC's.
- 2) The parent of a swim athlete promises to set the right example for our children and promises to show respect and common courtesies at all times to the team members, coaches, competitors, officials, parents, and for all the facilities and other property used during practice and/or competition.
- 3) We promise to demonstrate good sportsmanship during all practices, competitions and team activities.
- 4) We will be an active participant in events and team activities, including volunteering to work at all meets hosted by BCC.
- 5) If I/we have a concern or problem, I/we will address it with the appropriate coach first. If an issue cannot be resolved directly with the coach, then I/we agree to address it directly with the head coach and swim committee chair.
- 6) I, parent, will insist at all times that my child refrain from using alcohol, tobacco, drugs, other prohibited substances, violence, defamatory or foul language, inappropriate conduct or any other behavior deemed dishonest, discourteous, offensive or disrespectful to others.
- 7) We agree that if I/we violate any of these rules, I/we will be subject to disciplinary action determined by the coaches of BCC, which may include expulsion from the team.
- 8) We agree that if I/we have any questions or concerns after a swim meet that need to be addressed with the coach that they will be discussed the following day and not the day of the swim meet.

S.I.C.S.A. Clubs

Birmingham Country Club (BCC)

248-644-4111

1750 Saxon, Birmingham, MI 48009

Team name: Barracudas; team color: purple

Bloomfield Open Hunt (BOH)

248-644-9411

405 E. Long Lake Rd, Bloomfield Hills, MI 48302

Team name: Bullfrogs; team color: red

Meadowbrook Country Club (MCC)

248-349-3600

40941 W. 8 Mile Rd., Northville, MI 48167

Team name: Meadowbrook Country Club; team color: green

Orchard Lake Country Club (OLCC)

248-682-0100

5000 West Shore, Orchard Lake, MI 48323

Team name: Blue Carp; team color: royal blue

Pine Lake Country Club (PLCC)

248-682-0100

3300 Pine Lake Road, Orchard Lake, MI 48234

Team name: Penguins; team color: black

Forest Lake Country Club (FLCC)

248-332-8300

1401 Club Drive, Bloomfield Hills, MI 48302

Team name: Gators; team color: navy blue